

NIGHT PRAYERS & EXAMEN

as suggested for Lent by
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*After having made the sign of the Cross, let us adore that Sovereign Lord, who has so mercifully preserved us during this day, and blessed us, every hour, with his grace and protection. for this end, let us recite the following **Hymn**, which the Church sings in her Vespers of Lent:*

Audi, benigne Conditor, Nostras preces cum fletibus,
In hoc sacro jejunio, Fusas quadragenario.

Hear, O merciful Creator! the tearful prayers we present to thee, during these forty days of Fast.

Scrutator alme cordium, Infirma tu scis virium:
Ad te reversis exhibe, Remissionis gratiam.

O loving Searcher of the heart! thou knowest that our strength is weak: grant us the grace of thy pardon, for we are converted unto thee.

Multum quidem peccavimus, Sed parce confitentibus:
Ad Nominis laudem tui, Confer medelam languidis.

Grievously have we sinned; yet, spare us, for we confess our sins to thee: and, for the glory of thy Name, heal our languid hearts.

Concede nostrum conteri, Corpus per abstinentiam;
Culpa ut relinquat pabulum, Jejuna corda criminum.

Grant that we may subdue our flesh by abstinence; that thus our hearts may leave what nourishes sin, and fast from every crime.

Praesta, beata Trinitas, Concede, simplex Unitas;
Ut fructuosa sint tuis, Jejuniarum munera. Amen.

O Blessed Trinity: O Undivided Unity! grant to us thy servants, that our fasts may produce abundant fruits. Amen.

V. Vespertina oratio ascendat ad te, Domine.

V. May our evening prayer ascend to thee, O Lord.

R. Et descendat super nos misericordia tua.

R. And may thy mercy descend upon us.

After the hymn, you will recite the Lord's Prayer, begging your heavenly Father to be mindful of his infinite mercy and goodness, - to forgive you your trespasses, - to come to your assistance in the temptations and dangers which so thickly beset the path of this life, - and finally, to deliver you from evil, by removing from you every remnant of sin, which is the great evil, the evil that offends God, and entails the sovereign evil of man himself.

Pater noster, qui es in coelis,
sanctificetur nomen tuum:
adveniat regnum tuum:
fiat voluntas tua, sicut in coelo,
et in terra.

**Panem nostrum quotidianum da nobis hodie:
et dimitte nobis debita nostra,
sicut et nos dimittimus debitoribus nostris:
et ne nos inducas in tentationem:
sed libera nos a malo. Amen.**

Our Father, who art in heaven,
hallowed be thy name:
thy kingdom come:
thy will be done on earth,
as it is in heaven.

**Give us this day our daily bread;
and *forgive us our trespasses,*
as we forgive them that trespass against us:
and lead us not into temptation:
but deliver us from evil. Amen.**

Then address our Blessed Lady, using the words of the Angelical Salutation. Pray to her with confidence and love, for she is the Refuge of Sinners.

Ave Maria, gratia plena:
Dominus tecum:
benedicta tu in mulieribus,
et benedictus fructus ventris tui, Jesus.

**Sancta Maria, Mater Dei,
ora pro nobis peccatoribus,
nunc et in hora mortis nostrae.
Amen.**

Hail Mary, full of grace;
the Lord is with thee;
blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.

**Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.**

After this, recite the Creed, that is, the Symbol of Faith. It contains the dogmas we are to believe; and during this season, you should dwell with loving attention on that Article, which is so full of hope, - the Forgiveness of sins. Let us do our utmost to merit, by our sincere conversion and amendment of our lives, that our Saviour, after the coming penitential Forty Days are over, may say to each of us those words, which are so sweet to a penitent sinner: Go, thy sins are forgiven!

Credo in Deum, Patrem omnipotentem,
Creatorem coeli et terrae. Et in Jesum Christum
Filium ejus unicum Dominum nostrum: qui
conceptus est de Spiritu Sancto, natus ex Maria
Virgine, passus sub Pontio Pilato, crucifixus,
mortuus, et sepultus: descendit ad infernos,
tertia die resurrexit a mortuis: ascendit ad
coelos, sedet ad dexteram Dei Patris
omnipotentis: inde venturus est judicare vivos et
mortuos.

Credo in Spiritum sanctam, sanctam Ecclesiam
Catholicam, sanctorum communionem,
remissionem peccatorum, carnis resurrectionem,
vitam + aeternam. Amen.

I believe in God the Father almighty, Creator of
heaven and earth. And in Jesus Christ, his only
Son our Lord, who was conceived by the holy
Ghost, born of the Virgin Mary; suffered under
Pontius Pilate, was crucified, dead, and buried;
he descended into hell, the third day he rose
again from the dead; he ascended into heaven,
sitteth at the right hand of God the Father
almighty; from thence he shall come to judge the
living and the dead.

I believe in the Holy Ghost: the holy Catholic
Church; the communion of saints, *the*
forgiveness of sins, the resurrection of the body,
and life + everlasting. Amen.

Then make the Examination of Conscience, going over in your mind all the faults you may have committed during the day. Think, how great is the obstacle put by sin to the merciful designs your God would work in you; and make a firm resolution to avoid it for the time to come, to do penance for it, and to shun the occasions which might again lead you into it.



The Examination of Conscience concluded, recite the Confiteor (or I confess) with heartfelt contrition,

Confiteor Deo omnipotenti,
beatae Mariae semper Virgini,
beato Michaeli Archangelo, beato Joanni Baptistae,
sanctis apostolis Petro et Paulo, et omnibus sanctis,
quia peccavi nimis cogitatione, verbo, et opere:
mea culpa,
mea culpa,
mea maxima culpa.

Ideo precor beatam Mariam semper Virginem,
beatum Michaellem Archangelum, beatum Joannem
Baptistam, sanctos apostolos Petrum et Paulum, et
omnes sanctos, orare pro me ad Dominum Deum
nostrum.

Misereatur nostri omnipotens Deus, et dimissis
peccatis nostris, perducatur nos ad vitam aeternam.
Amen.

Indulgentiam, + absolutionem, et remissionem
peccatorum nostrorum tribuat nobis omnipotens et
misericors Dominus. Amen.

I confess to almighty God,
to blessed Mary ever Virgin, to blessed Michael the
Archangel, to blessed John the Baptist, to the holy
apostles Peter and Paul, and to all the saints, that I
have sinned exceedingly in thought, word, and deed:
through my fault,
through my fault,
through my most grievous fault.

Wherefore I beseech blessed Mary ever Virgin,
blessed Michael the Archangel, blessed John the
Baptist, the holy apostles Peter and Paul, and all the
saints, to pray to the Lord our God for me.

May almighty God have mercy on us, and, our sins
being forgiven, bring us to life everlasting. Amen.

May the almighty and merciful Lord grant us +
pardon, absolution, and remission of our sins. Amen.

Now give expression to your sorrow by the following act, which we have taken from the Venerable Cardinal Bellarmine's Catechism:

O my God, I am exceedingly grieved for having offended thee, and with my whole heart I repent of the sins I have committed: I hate and abhor them above every other evil, not only because, by so sinning, I have lost heaven and deserved hell, but still more because I have offended thee.

O infinite Goodness, who art worthy to be loved above all things. I most firmly resolve, by the assistance of thy grace, never more to offend thee for the time to come, and to avoid those occasions which might lead me into sin.

You may then add the acts of Faith, Hope, and Charity, to the recitation of which Pope Benedict XIV has granted an indulgence of seven years and seven quarantines for each time.

ACT OF FAITH

O my God, I firmly believe whatsoever the holy, Catholic, apostolic, Roman Church requires me to believe: I believe it because thou hast revealed it to her, thou who art the very truth.

ACT OF HOPE

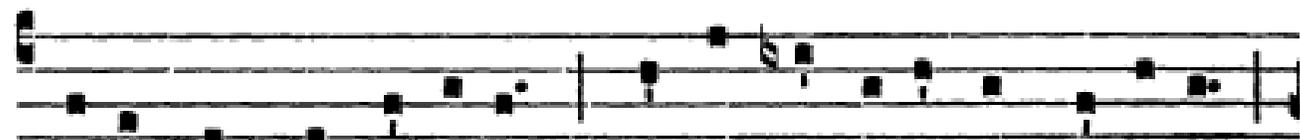
O my God, knowing thy almighty power, and thy infinite goodness and mercy, I hope in thee that, by the merits of the Passion and death of our Saviour Jesus Christ, thou wilt grant me eternal life, which thou hast promised to all such as shall do the works of a good Christian; and these I resolve to do with the help of thy grace.

ACT OF CHARITY

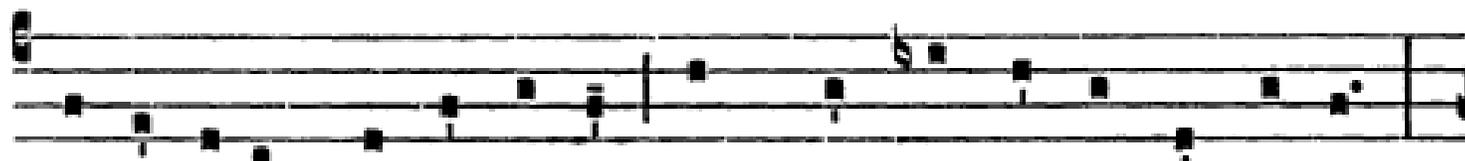
O my God, I love thee with my whole heart and above all things, because thou art the sovereign Good: I would rather lose all things than offend thee. For thy love also, I love, and desire to love, my neighbour as myself.

6.

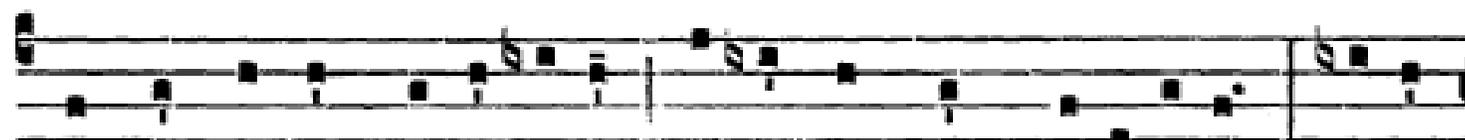
A



-ve Regína caelórum, * Ave Dómina Ange-lórum :



Sálve rádix, sálve pórtá, Ex qua mundo lux est órta :



Gáude Vírgo glo-ri- ósa, Su-per ómnes spe-ci- ósa : Vále,



o valde decó-ra, Et pro nó-bis Chrístum exó-ra.

℣. Dignáre me laudáre te Vírgo sacráta

℟. Da míhi virtútem contra hóstes túos.

Then say to our blessed Lady the following anthem, which the Church uses from the Feast of the Purification to Easter:

Ave Regina coelorum,
Ave Domina Angelorum:
Salve radix, salve porta,
Ex qua mundo lux est orta;
Gaude, Virgo gloriosa,
Super omnes speciosa:
Vale, O valde decora,
Et pro nobis Christum exora.
V. Dignare me laudare te, Virgo sacrata.
R. Da mihi virtutem contra hostes tuos.
OREMUS Concede, misericors Deus, fragilitati
nostrae praesidium: ut, qui sanctae Dei
Genetricis memoriam agimus, intercessionis
ejus auxilio, a nostris iniquitatibus resurgamus.
Per eundem Christum Dominum nostrum.
Amen

Hail, Queen of Heaven! Hail, Queen of Angels!
Hail blest Root and Gate, from which came
Light upon the world! Rejoice, O glorious Virgin,
that surpasses all in beauty! Hail, most lovely
Queen! and pray to Christ for us.

V. Vouchsafe, O Holy Virgin, that I may praise
thee.

R. Give me power against thine enemies.

LET US PRAY

Grant, O merciful God, thy protection to us in
our weakness; that we who celebrate the
memory of the Holy Mother of God, may,
through the aid of her intercession, rise again
from our sins. Through the same Christ our
Lord. **Amen**

THE LITANY OF THE BLESSED VIRGIN

Kyrie, eleison.

Christe, eleison.

Kyrie, eleison.

Christe, audi nos.

Christe, exaudi nos.

Pater de coelis, Deus, **miserere nobis.**

Fili, Redemptor mundi Deus, **miserere nobis.**

Spiritus sancte, Deus, **miserere nobis.**

Sancta Trinitas, unus Deus, **miserere nobis.**

Sancta Maria, **ora pro nobis.**

Sancta Dei Genitrix, **ora, &c.**

Sancta Virgo virginum,

Mater Christi,

Mater divinae gratiae,

Mater purissima,

Mater castissima,

Mater inviolata,

Mater intemerata,

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Christ, hear us.

Christ, graciously hear us.

God the Father of heaven, **have mercy on us.**

God the Son, Redeemer of the world, **have mercy on us.**

God the Holy Ghost, **have mercy on us.**

Holy Trinity, one God, **have mercy on us.**

Holy Mary, pray for us.

Holy Mother of God, pray,

Holy Virgin of virgins,

Mother of Christ,

Mother of divine grace,

Mother most pure,

Mother most chaste,

Mother inviolate,

Mother undefiled,

THE LITANY OF THE BLESSED VIRGIN

Mater amabilis, **Ora pro nobis**

Mater admirabilis,

Mater boni consilii,

Mater Creatoris,

Mater Salvatoris,

Virgo prudentissima,

Virgo veneranda,

Virgo praedicanda,

Virgo potens,

Virgo clemens.

Virgo fidelis,

Speculum justitiae,

Sedes sapientiae,

Causa nostrae laetitiae,

Vas spirituale,

Vas honorabile,

Vas insigne devotionis,

Rosa mystica,

Turris Davidica,

Mother most amiable, **Pray for us**

Mother most admirable,

Mother of good counsel,

Mother of our Creator,

Mother of our Redeemer,

Virgin most prudent,

Virgin most venerable,

Virgin most renowned,

Virgin most powerful,

Virgin most merciful,

Virgin most faithful,

Mirror of justice,

Seat of wisdom,

Cause of our joy,

Spiritual vessel,

Vessel of honour,

Singular vessel of devotion,

Mystical rose,

Tower of David,

THE LITANY OF THE BLESSED VIRGIN

Turris eburnea, **Ora pro nobis**

Domus aurea,

Foederis arca,

Janua coeli,

Stella matutina,

Salus infirmorum,

Refugium peccatorum,

Consolatrix afflictorum,

Auxilium Christianorum,

Regina angelorum,

Regina patriarcharum,

Regina prophetarum,

Regina apostolorum,

Regina martyrum,

Regina confessorum,

Regina virginum,

Regina sanctorum omnium,

Regina sine labe originali concepta,

Regina sacratissimi rosarii,

Tower of ivory, **Pray for us**

House of gold,

Ark of the covenant,

Gate of heaven,

Morning star,

Health of the weak,

Refuge of sinners,

Comforter of the afflicted,

Help of Christians,

Queen of angels,

Queen of patriarchs,

Queen of prophets,

Queen of apostles,

Queen of martyrs,

Queen of confessors,

Queen of virgins,

Queen of all saints,

Queen conceived without original sin,

Queen of the most holy rosary,

THE LITANY OF THE BLESSED VIRGIN

Regina pacis,

Agnus Dei, qui tollis peccata mundi, **parce nobis, Domine.**

Agnus Dei, qui tollis peccata mundi, **exaudi nos, Domine.**

Agnus Dei, qui tollis peccata mundi, **miserere nobis.**

Christe, audi nos.

Christe, exaudi nos.

V. Ora pro nobis, sancta Dei Genitrix.

R. Ut digni efficiamur promissionibus Christi.

Oremus.

Concede nos famulos tuos, quaesumus, Domine Deus, perpetua mentis et corporis sanitate gaudere; et gloriosa beatae Mariae semper Virginis intercessione, a praesenti liberari tristitia, et aeterna perfrui laetitia. Per Christum Dominum nostrum. Amen.

Queen of peace,

Lamb of God, who takest away the sins of the world, **spare us, O Lord.**

Lamb of God, who takest away the sins of the world, **graciously hear us, O Lord.**

Lamb of God, who takest away the sins of the world, **have mercy on us.**

Christ, hear us.

Christ, graciously hear us.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray.

Grant, O Lord, we beseech thee, that we thy servants may enjoy constant health of body and mind, and by the glorious intercession of blessed Mary, ever a Virgin, be delivered from all present affliction, and come to that joy which is eternal. Through Christ our Lord. Amen.

Here invoke the holy angels, whose protection is indeed, always so much needed by us, but never so much as during the hours of night. Say with the Church:

Sancti angeli, custodes nostri, defendite nos in praelio, ut non pereamus in tremendo iudicio.

V. Angelis suis Deus mandavit de te.

R. Ut custodiant te in omnibus viis tuis.

OREMUS.

Deus qui ineffabili providentia sanctos angelos tuos ad nostram custodiam mittere dignaris: largire supplicibus tuis, et eorum semper protectione defendi, et aeterna societate gaudere. Per Christum Dominum nostrum. **Amen.**

Holy angels, our loving guardians, defend us in the hour of battle, that we may not be lost at the dreadful judgement.

V. God hath given his angels charge of thee.

R. That they may guard thee in all thy ways.

LET US PRAY.

O God, who in thy wonderful providence hast been pleased to appoint thy holy angels for our guardians: mercifully hear our prayer, and grant we may rest secure under their protection, and enjoy their fellowship in heaven for ever. Through Christ our Lord. Amen.

Then beg the assistance of the Saints by the following antiphon and prayer of the Church:

ANT. Sancti Dei omnes, intercedere dignemini pro nostra omniumque salute.
V. Laetamini in Domino et exsultate, justi.
R. Et gloriamini omnes recti corde.

OREMUS

Protege, Domine, populum tuum, et Apostolorum tuorum Petri et Pauli et aliorum Apostolorum patrocinio confidentem, perpetua defensione conserva.
Omnes Sancti tui, quaesumus, Domine, nos ubique adjuvent: ut dum eorum merita recolimus, patrocinia sentiamus: et pacem

ANT. All ye Saints of God, vouchsafe to intercede for us and for all men, that we may be saved.
V. Rejoice in the Lord, ye just, and be glad.
R. And glory, all ye right of heart.

LET US PRAY

Protect, O Lord, thy people; and because we have confidence in the intercession of blessed Peter and Paul and thy other Apostles, ever defend and preserve us. May all thy Saints ever help us, we beseech thee, O Lord! and grant that, whilst we honour their merits, we may experience their intercession. Grant thy holy peace

And here you may add a special mention of the Saints to whom you bear a particular devotion, either as your patrons or otherwise; as also of those whose feast is kept in the Church that day, or who have been at least commemorated in the Divine Office.

This done, remember the necessities of the Church Suffering, and beg of God that He will give to the souls in Purgatory a place of refreshment, light, and peace. For this intention recite the usual prayers.

De profundis clamavi ad te, Domine: Domine, exaudi
vocem meam.

Fiant aures tuae intendentes: in vocem deprecationis
meae.

Si iniquitates observaveris, Domine: Domine, quis
sustinebit?

Quia apud te propitiatio est: et propter legem tuam
sustinui te, Domine.

Sustinuit anima mea in verbo ejus: speravit anima mea
in Domino.

A custodia matutina usque ad noctem: speret Israel in
Domino.

Quia apud Dominum misericordia: et copiosa apud eum
redemptio.

Et ipse redimet Israel: ex omnibus iniquitatibus ejus.

From the depths I have cried to thee, O Lord; Lord, hear
my voice.

Let thine ears be attentive to the voice of my
supplication.

If thou wilt observe iniquities, O Lord: Lord, who shall
endure it?

For with thee there is merciful forgiveness; and by
reason of thy law I have waited for thee, O Lord.

My soul hath relied on his word; my soul hath hoped In
the Lord.

From the morning watch even until night, let Israel
hope in the Lord.

Because with the Lord there is mercy, and with him
plentiful redemption.

And he shall redeem Israel from all his iniquities.

Requiem + aeternam dona eis, Domine.

Et lux perpetua luceat eis.

V. A porta inferi.

R. Erue, Domine, animas eorum.

V. Requiescant + in pace.

R. Amen.

V. + Domine, exaudi orationem meam.

R. Et clamor meus ad te veniat.

Oremus.

Fidelium Deus omnium Conditor et Redemptor, animabus famulorum famularumque tuarum, remissionem cunctorum tribue peccatorum: ut indulgentiam, quam semper optaverunt, piis supplicationibus consequantur. Qui vivis et regnas in saecula saeculorum. **Amen.**

Eternal + rest give to them, O Lord.

And let perpetual light shine upon them.

V. From the gate of hell.

R. Deliver their souls, O Lord.

V. May they + rest in peace.

R. Amen.

V. + O Lord, hear my prayer.

R. And let my cry come unto thee.

Let us pray.

O God the Creator and Redeemer of all the faithful, give to the souls of thy servants departed the remission of their sins: that through the help of pious supplications, they may obtain the pardon they have always desired. Who livest and reignest for ever and ever. **Amen.**

Here make a special memento of such of the Faithful departed as have a particular claim upon your charity; after which, ask of God to give you His assistance, whereby you may pass the night free from danger. Say, then, still keeping to the words of the Church:

ANT. Salva nos, Domine, vigilantes, custodi nos dormientes: Ut vigilemus cum Christo, et requiescamus in pace.

V. Dignare, Domine, nocte ista.

R. Sine peccato nos custo dire.

V. Miserere nostri, Domino.

R. Miserere nostri.

V. Fiat misericordia tua, Domine, super nos.

R. Quemadmodum speravimus in te.

V. Domine, exaudi orationem meam.

R. Et clamor meus ad te veniat.

ANT. Save us, O Lord, while awake, and watch us as we sleep: that we may watch with Christ, and rest in peace.

V. Vouchsafe, O Lord, this night.

R. To keep us without sin.

V. Have mercy on us, O Lord.

R. Have mercy on us.

V. Let thy mercy, O Lord, be upon us.

R. As we have hoped in thee.

V. O Lord, hear my prayer.

R. And let my cry come unto thee.

Oremus. Visita, quaesumus, Domine, habitationem istam, et omnes insidias inimici ab ea longe repelle: angeli tui sancti habitent in ea, qui nos in pace custodiant, et benedictio tua sit super nos semper. Per Dominum nostrum Jesum Christum, Filium tuum, qui tecum vivit et regnat in unitate Spiritus sancti Deus, per omnia saecula saeculorum. **Amen**

Let us pray. Visit, we beseech thee, O Lord, this house and family, and drive from it all snares of the enemy: let thy holy angels dwell herein, who may keep us in peace, and may thy blessing be always upon us. Through Jesus Christ our Lord, thy Son, who liveth and reigneth with thee, in the unity of the Holy Ghost, God, world without end. **Amen**

And that you may end the day in the same sentiments with which you began it, say once more to your God these words of the Royal Prophet:

Miserere mei Deus,
secundum magnam
misericordiam tuam.

Have mercy on me, O God,
according to thy great mercy.

